

american baby

FEBRUARY 2009

MOM TO MOM. WOMAN TO WOMAN.

crib notes



Creature Comforts

If your littlest Valentine is too young for sweets, serve up his teething biscuits on a festive V-Day placemat from Pottery Barn Kids (\$20 for four; potterybarnkids.com).

Winter Walkers

Kids who turn 1 in winter may walk later if their feet are constricted. Stick to soft walking shoes (\$20 and up; robeez.com).



Dads!

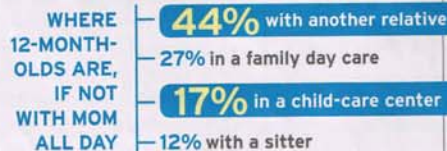
Studies show that men who help out around the house have happier, less exhausted wives and a lot more sex.

Source: Getting to 50/50, out this month by Sharon Meers and Joanna Strober



COMING SOON

Advertise your due date, and after baby arrives, have the back engraved with his or her name and wear that side facing front (\$48; gobellygo.com, nordstrom.com).



Source: Child Care Today, by Penelope Leach, released last month

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IZING TIPS
Moms of
Large Families